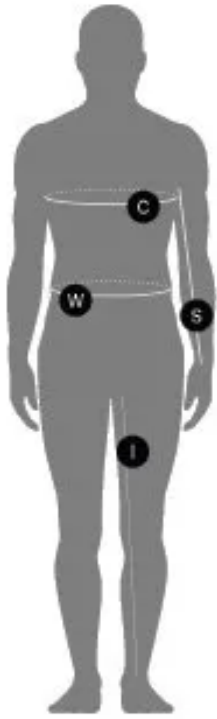


## HOW TO MEASURE

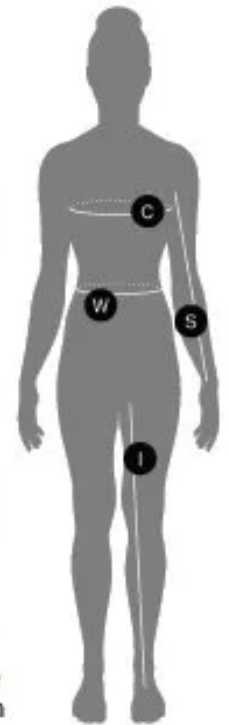


**SLEEVE:** Bend elbow, measure from the center of the neck in back to elbow and down to wrist. Number of inches=size

**CHEST:** Measure around fullest part of chest, keeping tape up under arms and around shoulder blades. Or, lay garment flat; measure from 2" below underarm to other underarm then double.

**WAIST:** Measure around waist, over shirt (not over slacks) at the height you normally wear your slacks. Keep one finger between tape and body. Number of inches=size. Or, lay garment flat, measure across waistband then double.

**INSEAM:** Take a pair of pants that fit you well. Measure from the top of the inside of the leg to the bottom of the pants. Number of inches (round to nearest full inch)=inseam length.



**C** Chest  
**W** Waist  
**S** Sleeve  
**I** Inseam

### T.R.U.®/BDU/ACU

| SIZE | WAIST   | INSEAM    | HEIGHT  | CHEST    |
|------|---------|-----------|---------|----------|
| XSR  | 23 - 27 | 29½ - 32½ | 67 - 71 | UP TO 33 |
| SS   | 27 - 31 | 26½ - 29½ | 63 - 67 | 33 - 37  |
| SR   | 27 - 31 | 29½ - 32½ | 67 - 71 | 33 - 37  |
| SL   | 27 - 31 | 32½ - 35½ | 71 - 75 | 33 - 37  |
| MS   | 31 - 35 | 26½ - 29½ | 63 - 67 | 37 - 41  |
| MR   | 31 - 35 | 29½ - 32½ | 67 - 71 | 37 - 41  |
| ML   | 31 - 35 | 32½ - 35½ | 71 - 75 | 37 - 41  |
| LS   | 35 - 39 | 26½ - 29½ | 63 - 67 | 41 - 45  |
| LR   | 35 - 39 | 29½ - 32½ | 67 - 71 | 41 - 45  |
| LL   | 35 - 39 | 32½ - 35½ | 71 - 75 | 41 - 45  |
| XLR  | 39 - 43 | 29½ - 32½ | 67 - 71 | 45 - 49  |
| XLL  | 39 - 43 | 32½ - 35½ | 71 - 75 | 45 - 49  |
| 2XLR | 43 - 47 | 29½ - 32½ | 67 - 71 | 49 - 53  |
| 2XLL | 43 - 47 | 32½ - 35½ | 71 - 75 | 49 - 53  |
| 3XLR | 47 - 51 | 29½ - 32½ | 67 - 71 | 53 - 57  |
| 3XLL | 47 - 51 | 32½ - 35½ | 71 - 75 | 53 - 57  |
| 4XLR | 51 - 55 | 29½ - 32½ | 67 - 71 | 57 - 61  |
| 5XLR | 55 - 59 | 29½ - 32½ | 67 - 71 | 62 - 66  |

All measurements are in standard inches